

Head and neck metachronous tumors – clinical, histopathological and immunohistochemical study

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Abstract

Multiple primary tumors (MPT) represent an important factor affecting the survival of some patients. They present an incidence of about 0.7–11% of all carcinomas developing in any region of the human body, being either synchronous or metachronous. These tumors raise problems of differential diagnosis, with tumoral relapses and distance metastases; also, they involve problems related to chemotherapy, radiotherapy and surgical treatment. In the present paper, we studied a group of 902 patients diagnosed with head and neck tumors admitted to the Ear, Nose & Throat (ENT) Clinic of the Emergency County Hospital of Timișoara, Romania, and we identified 12 patients with metachronous tumors, representing 1.33% of the hospitalized cases. Of the 12 patients with metachronous tumors, a single case was a woman, the other 11 cases being diagnosed in men. Regarding the age of the patients with metachronous tumors, only a single patient was aged less than 60 years old; most of them (nine patients) were aged between 60 and 69 years old, while two patients were aged over 70 years old. Nine patients were alcohol consumers, while 10 (83.33%) patients were smokers of about 20 cigarettes/day. All the metachronous tumors localized in the head and neck were squamous cell carcinomas. The second primary tumor was identified in the prostate, kidneys, ureter, lungs, salivary gland, thyroid gland, meninges, colon, rectum or skin.

Keywords: metachronous tumors, multiple primary tumors, head and neck cancer, immunohistochemistry.

Introduction

At present, cancer has become a great healthcare problem worldwide, being the second cause of death after cardiovascular diseases [1]. If in 2008 there were recorded about 8 million deaths all over the world, in 2015 there were recorded about 8.8 million deaths and it is estimated that in 2030 the number of deaths will be of approximately 11 million [2, 3]. As a result of population aging, the number of cancer cases worldwide increased from 2005 until 2015 by 33%, while the number of deaths increased by 17% [4]. According to some statistical data, in 2015, there were declared about 90.5 million patients with cancer, of which over 69% lived in low and average income countries [5, 6].

Head and neck cancer (HNC), showing cancers localized in the oral cavity, oropharynx and larynx, is the sixth most frequent cancer type all over the world [7, 8]. According to some recent studies, every year approximately 550 000 patients are diagnosed with HNC, with approximately 300 000 deaths [9]. Other studies, more recent, showed that in 2012, worldwide, HNC had an increasing incidence

of 686 000 new cases and 404 000 deaths, every year [10]. Despite highlighting some risk factors and implementation of some measures for fighting these, despite the thorough cellular and molecular biology research and use of modern treatment, the survival rate is quite low in this type of cancer [11].

This relatively low survival rate is explained by the fact that most HNCs are diagnosed in advanced tumoral stages, the tumors presenting a high recurring incidence [12, 13].

Another important factor affecting survival may be the development of various primary tumors in the head and neck, but also in other organs, like synchronous or metachronous tumors.

Multiple primary tumors (MPT) present an incidence of about 0.7–11% of all carcinomas [14, 15]. If the second tumor is diagnosed after more than six months since the first tumor, the latter is called metachronous tumor, and if it is diagnosed earlier than six months since the first diagnosis, it is called synchronous [16, 17]. MPT may develop in any region of the body.

Aim

In this paper, we proposed to study metachronous cancers in a group of patients hospitalized in the Ear, Nose & Throat (ENT) Clinic of Timișoara, Romania, for malignant tumors localized in the head and neck.

Patients, Materials and Methods

The study performed was a retrospective one, investigating patients admitted for various tumors in the head and neck, between 2008–2018, in the ENT Clinic of the Emergency County Hospital of Timișoara, having the purpose of studying metachronous tumors. The study was approved by the Ethics Committee of the Emergency County Hospital of Timișoara.

For the selection of patients with MPT, there were taken into consideration the criteria stated by Warren & Gates, ever since 1932 [18], namely:

- the tumors were confirmed as malignant through histopathological (HP) studies;
- through HP studies there were excluded from the study the patients with metastatic or recurrent tumors, confirmed histopathologically;
- there were excluded the patients with no clear HP confirmation that the second tumor was a metastasis of the first tumor;
- for the tumors occurring in the same organ, they were taken into consideration as metachronous tumors if the HP study highlighted two types of different tumors;
- the tumors were diagnosed clinically and histopathologically after more than six months since the first one, in order to differentiate the multiple synchronous tumors.

The data referring to every patient's age, gender, social environment, clinical and biological aspects, alcohol intake or smoking, the macroscopic aspects of tumors, the development place and the HP diagnosis were taken from the clinical observation sheets and from the HP records.

For clarifying the HP diagnosis and performing the required immunohistochemical (IHC) studies for a differential diagnosis, in every patient there were analyzed the pieces of surgical resection. For the IHC study, we used the following immunomarkers: Ki67 (monoclonal mouse anti-human Ki67, clone MIB-1, 1/50 dilution, Dako), epithelial membrane antigen (EMA) (monoclonal mouse anti-human EMA, clone E29, 1/50 dilution, Dako), p53 (monoclonal mouse anti-human p53 protein, clone DO-7, 1/100 dilution, Dako), pan-cytokeratin (pan-CK) AE1/AE3 (monoclonal mouse anti-human CK, clone AE1/AE3, 1/100 dilution, Dako), CK7 (monoclonal mouse anti-human CK7, clone OV-TL 12/30, 1/50 dilution, Dako), CK20 (monoclonal mouse anti-human CK20, clone Ks20.8, 1/50 dilution, Dako).

Results

Of the 902 patients diagnosed with head and neck tumors hospitalized within the ENT Clinic of the Emergency County Hospital of Timișoara, between January 1, 2008–December 31, 2018, we identified only 12 patients with metachronous tumors, representing 1.33% of the admitted cases. The number and localization of tumors were quite variable. Thus, nine patients had two tumors, a patient had three tumors, another one four and another five

tumors. The localization of multiple metachronous tumors was in various organs: one localization in the oral cavity, pharynx or larynx, and the second localization in the prostate, kidneys, ureter, lungs, salivary glands, thyroid gland, meninges, colon, rectum or skin.

The tumor distribution in the head and neck organs was: a tumor was localized in the right inter-maxillary commissure, a tumor on the maxillary apex, a tumor in the palatine tonsil, five tumors in the pharynx and four in the larynx. A single patient had two metachronous tumors localized in the head and neck: one localized in the right vocal chord and the second in the rhinopharynx.

Another frequent localization of primary metachronous tumors was on the skin. Thus, of the 12 patients with MPT, five (41.66%) had the second tumor localized on the skin.

In our study, primary metachronous tumors mainly occurred in men. Of the 12 patients, a single case (8.33%) was identified in a woman, the rest of 11 (91.67%) cases were diagnosed in men. Regarding the age of patients with metachronous tumors, only one patient was aged less than 60 years old; the majority (nine patients, 75%) were aged between 60 and 69 years old, while two patients were aged over 70 years old. Nine of the patients with primary metachronous tumors came from the rural area, while only three patients came from the urban area. A number of nine (75%) patients were alcohol consumers, while 10 (83.33%) patients were smokers of approximately 20 cigarettes/day.

Regarding the clinical stage of tumor development diagnosed in the ENT Clinic of Timișoara, a single case was diagnosed in the first stage, three cases in the second stage, six cases in the third stage and two cases in the fourth stage.

The HP study showed that all the metachronous tumors localized in the head and neck were keratinized squamous cell carcinomas (SCCs). Of these, a single case was considered as being well-differentiated (G1) (Figure 1), eight cases were moderately differentiated carcinomas (G2) (Figure 2) and three carcinomas were poorly differentiated (G3) (Figure 3). The tumoral stroma had various aspects from a lax type stroma to a desmoid type one, rich in fibroblasts and collagen fibers. The tumoral stroma was the setting for a chronic inflammatory infiltrate, with a heterogeneous arrangement, mainly formed of lymphocytes, plasmocytes, macrophages and rare mastocytes. Here, there were also identified numerous angiogenesis vessels, whose density was correlated with the intensity of the inflammatory infiltrate (Figure 4).

The IHC study showed a relatively high tumor Ki67 proliferation index, especially in poorly or moderately differentiated carcinomas (Figure 5), an intense reaction to anti-p53 antibody (Figure 6) and, also, an intense reaction to anti-EMA antibody (Figure 7). The study of CKs showed that tumoral cells were positive to pan-CK AE1/AE3, still the intensity of the reaction increased from the poorly differentiated forms to the well-differentiated ones (Figure 8). In contrast, CK7 and CK20 were negative to all the SCCs (Figures 9 and 10).

Metachronous tumors located in other organs had HP and IHC aspects different from primary tumors located in the head and neck. Here, we present only one metachronous lung tumor, which on HP and IHC examination proved to be a poorly-differentiated SCC (G3) (Figure 11, A–F).

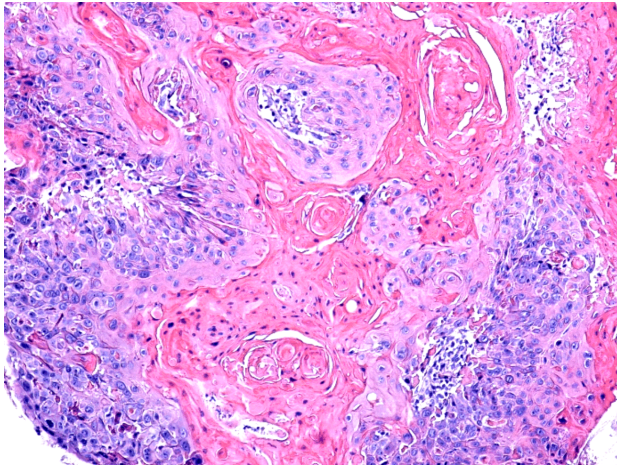


Figure 1 – Microscopic image of a well-differentiated squamous cell carcinoma with numerous “keratin pearls” [Hematoxylin–Eosin (HE) staining, ×200].

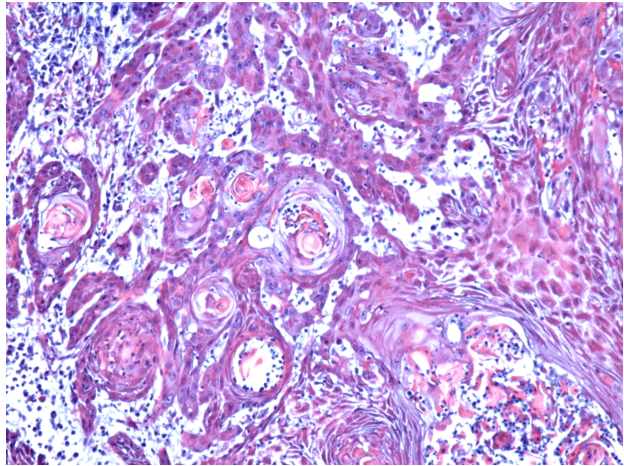


Figure 2 – Moderately differentiated carcinoma with the tendency of forming “keratin pearls” (HE staining, ×200).

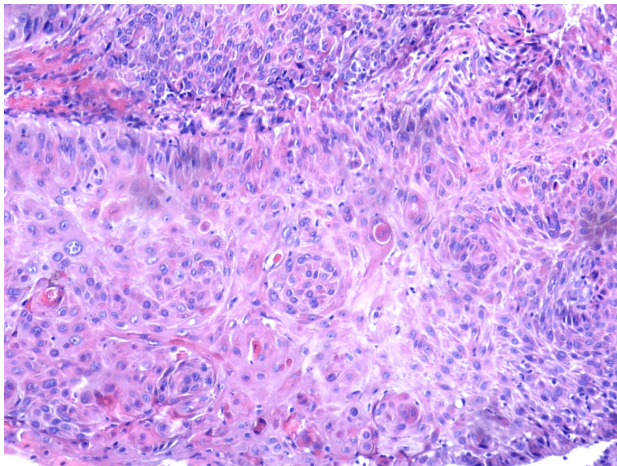


Figure 3 – Poorly differentiated squamous cell carcinoma made of medium and large size, arranged in islands, nests and rows, with a reduced cytoplasm, with large, hypochromic and pleomorphic nuclei (HE staining, ×200).

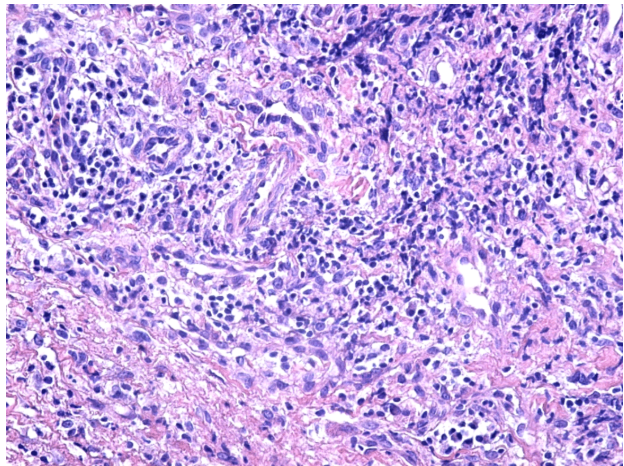


Figure 4 – Tumoral stroma infiltrated with lymphocyte inflammatory cells heterogeneously disseminated and with numerous angiogenesis vessels (HE staining, ×200).

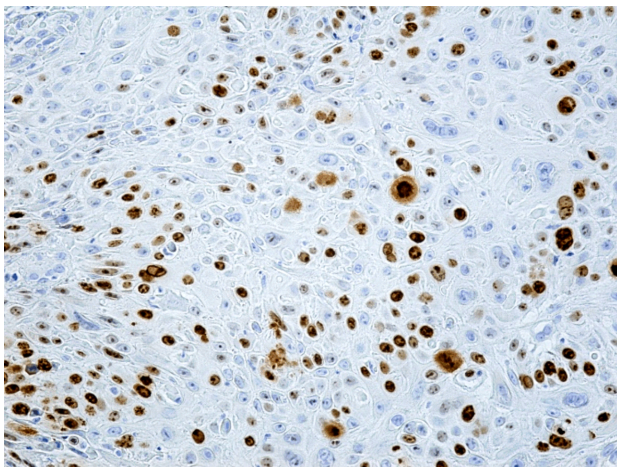


Figure 5 – Poorly differentiated carcinoma with a Ki67 proliferation index higher than 30% (Anti-Ki67 antibody immunostaining, ×200).

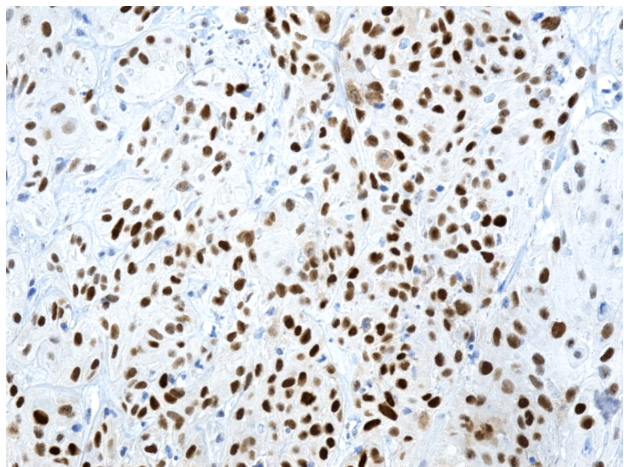


Figure 6 – Image of poorly differentiated carcinoma with an intense reaction to p53 (Anti-p53 antibody immunostaining, ×200).

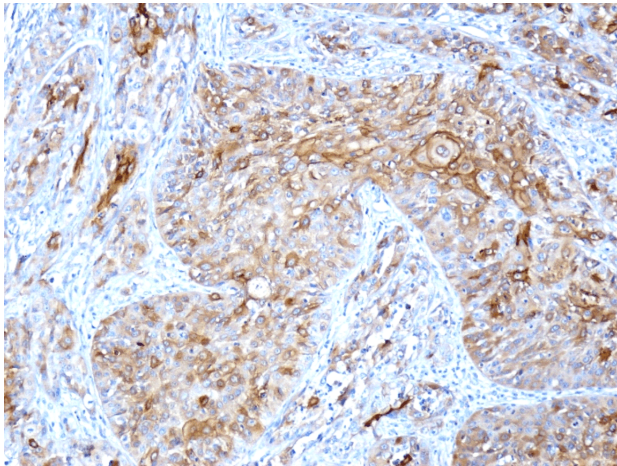


Figure 7 – Poorly differentiated squamous cell carcinoma with an intensely positive reaction to EMA (Anti-EMA antibody immunostaining, ×200). EMA: Epithelial membrane antigen.

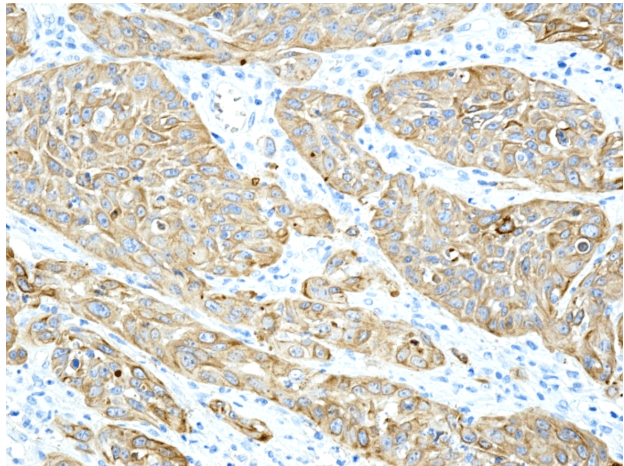


Figure 8 – Poorly differentiated carcinoma with a moderate positive reaction in the tumoral cells to pan-CK AE1/AE3 (Anti-pan-CK AE1/AE3 antibody immunostaining, ×200). Pan-CK AE1/AE3: Pan-cytokeratin AE1/AE3.

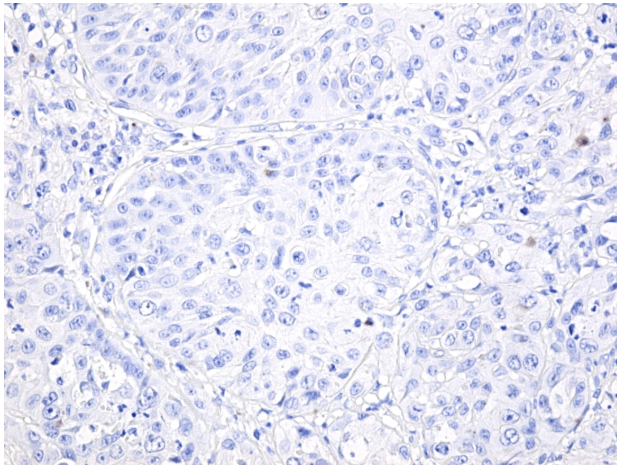


Figure 9 – Poorly differentiated squamous cell carcinoma with a negative reaction to CK7 (Anti-CK7 antibody immunostaining, ×200). CK7: Cytokeratin 7.

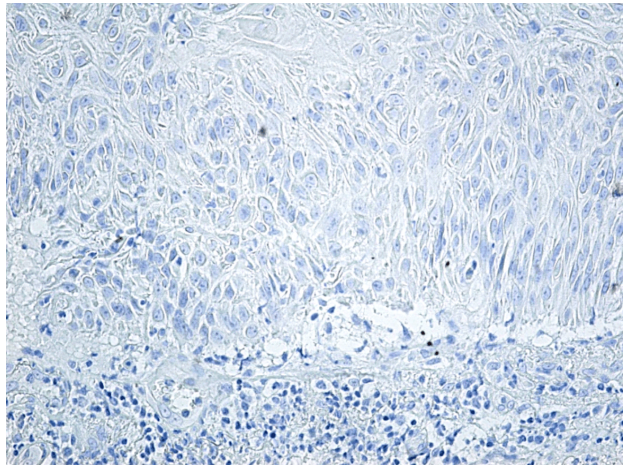


Figure 10 – Poorly differentiated squamous cell carcinoma with a negative reaction to CK20 (Anti-CK20 antibody immunostaining, ×200). CK20: Cytokeratin 20.

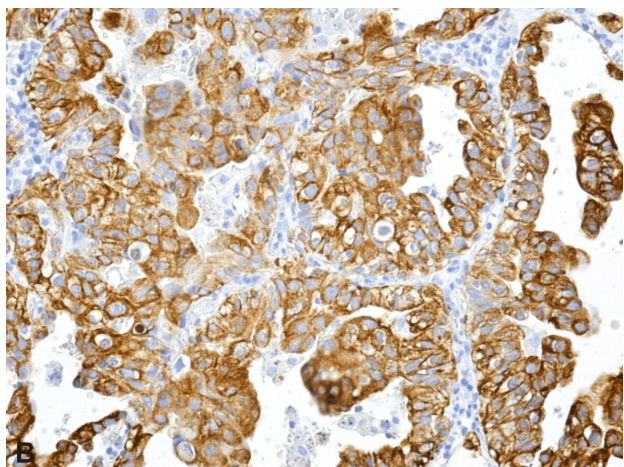
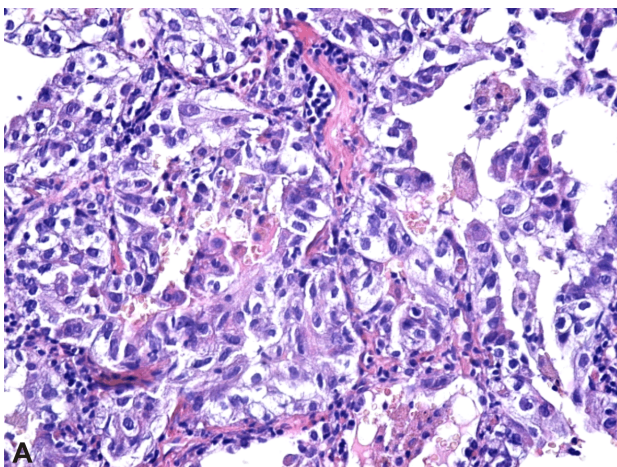


Figure 11 – Histopathological and immunohistochemical (IHC) aspects of a metachronous lung tumor: (A) Weakly differentiated squamous cell lung carcinoma (G3), consisting of large, varied, predominantly polyhedral cells, with acidophilic inhomogeneous cytoplasm and large, hypochromic and nucleolated nuclei (HE staining, ×200); (B) Intense reaction of tumor cells to pan-CK AE1/AE3 (Anti-pan-CK AE1/AE3 antibody immunostaining, ×200).

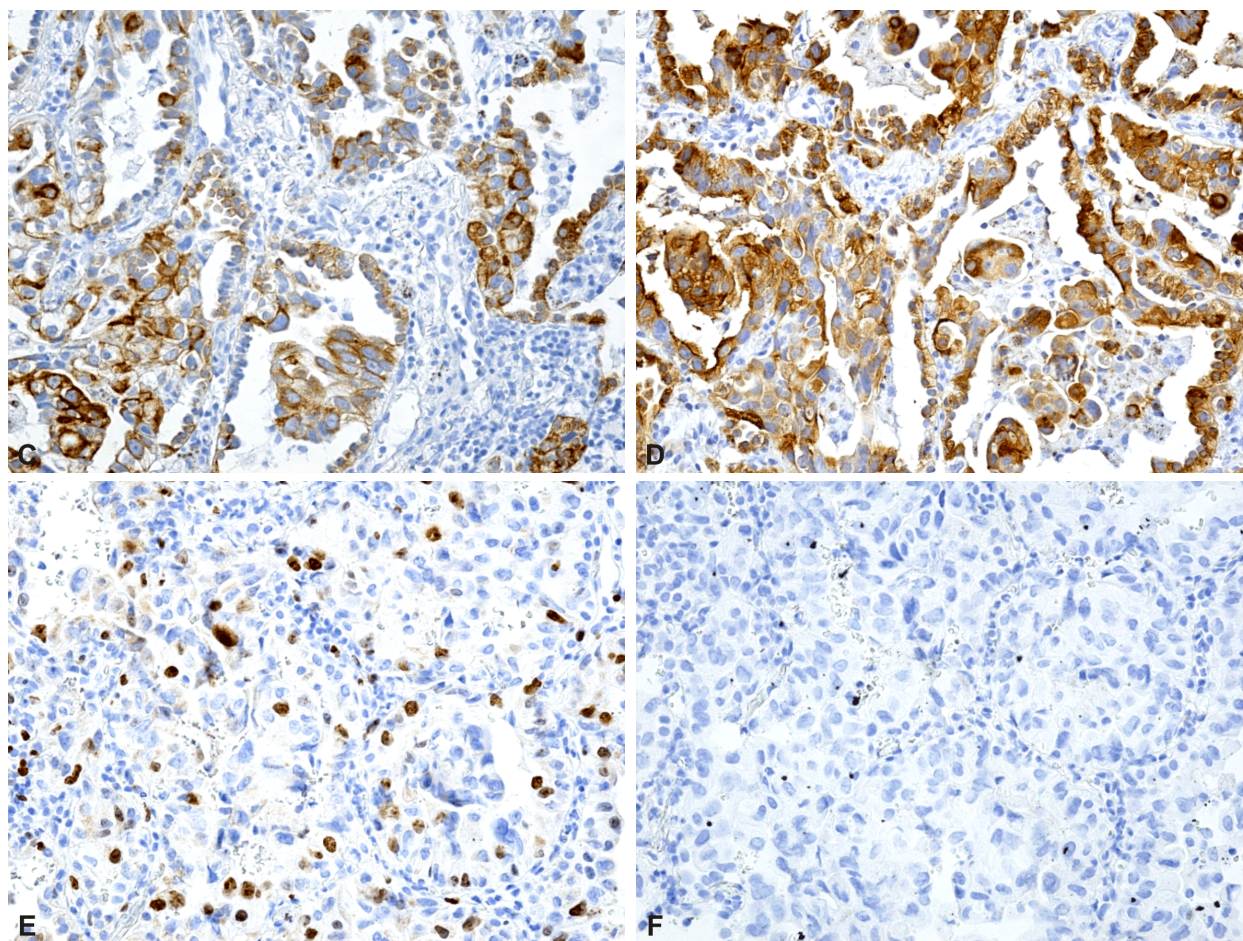


Figure 11 (continued) – Histopathological and immunohistochemical (IHC) aspects of a metachronous lung tumor: (C) Moderate IHC reaction of tumor cells at CK7 (Anti-CK7 antibody immunostaining, $\times 200$); (D) Intense IHC reaction of tumor cells to EMA (Anti-EMA antibody immunostaining, $\times 200$); (E) Tumor cells with a low Ki67 proliferation index (Anti-Ki67 antibody immunostaining, $\times 200$); (F) Negative IHC reaction of tumor cells to p53 (Anti-p53 antibody immunostaining, $\times 200$).

Discussions

In the last years, MPT present a special interest, due to the increase of the number of patients diagnosed with such tumors. This increase of MPT may be attributed to the increasing incidence of malignant tumors, to the increase of life duration and survival rate of patients with cancer, to the improvement and diversity of para-clinical diagnosis techniques, to the intensity of screening activities of people with a high risk for developing neoplasias and to a careful monitorization of patients with neoplasms by the healthcare services [19].

Various studies showed that the patients with neoplasms localized in the head and neck present a higher risk for developing a second primary cancer, in comparison to the rest of the population of the same age [20, 21]. For the HNCs, the incidence of a second primary cancer, worldwide, was estimated at about 3.4% every year [22–24]. The most frequent localizations of MPT in the patients with head and neck neoplasms are represented by the digestive tract (especially in the esophagus and stomach), by the tracheobronchial tree and the urinary bladder [25–27].

In our study, the incidence of metachronous tumors was 1.33%, but some studies showed that MPT may have

a much higher incidence, from 2% to 17% [28–30]. Also, similarly to other studies [31], we observed that head and neck metachronous tumors occurred in a great percentage (91.67%) in men. We consider that the high incidence of metachronous head and neck tumors in men may be due to smoking and alcohol intake, risk factors that men are more exposed than women. In our study, 75% of the patients were alcohol consumers, while 83.333% were tobacco smokers. Multiple epidemiological studies showed that smoking and alcohol intake are major risk factors for head and neck tumors, respiratory tract tumors, digestive tumors or urinary bladder tumors [32–36]. Based on these studies, for more than 10 years, the *World Health Organization* (WHO) established alcohol intake and smoking as type I carcinogenic factors for the oral cavity, pharynx, larynx and esophagus. Other factors involved in the onset of MPT are environmental factors, genetic mutations, performing treatments for neoplasms (chemotherapy, radiotherapy), malnutrition, immunological deficiencies, human papillomavirus (HPV) infection, etc. [16, 19].

Regarding the age of the patients with metachronous tumors, in our study 75% of patients were aged between 60 and 69 years old. Most studies showed that MPT mainly

developed in the elderly [21, 37], but in some countries, due to the increase of alcohol intake and smoking in the youth, head and neck metachronous tumors started to be diagnosed also in individuals under the age of 55 years old [31, 38].

Like other researchers [39, 40], we also consider that the main risk factor for oropharyngeal cancers is smoking, as tobacco contains about 50 types of carcinogenic substances capable of producing deoxyribonucleic acid (DNA) changes, being in direct contact with the oral cavity mucosa during smoking [41–43]. Numerous studies showed that approximately 75% of HNCs are caused by smoking and alcohol intake [44]. Other studies showed that the risk for oral cancer decreases by approximately 35%, 1–4 years after quitting smoking, and by approximately 80%, 20 years after quitting. Even after the diagnosis of oral cancer, quitting smoking is important in order to improve the survival rate; the patients that continue to smoke present a higher risk for cancer recurrence and present a weaker response to treatment than those who quit smoking [45, 46].

Regarding the localization of multiple tumors, in our study, the second most affected organ was the skin. Thus, of the 12 patients with HNCs, five (41.66%) cases presented skin tumors, especially basocellular and spinocellular carcinomas on the face. Most studies showed that the most affected areas of the second primary neoplasm were the lungs and the esophagus [13, 47, 48]. The main reasons for which there appear MPT in the head and neck, respiratory tract and digestive tract, are represented by alcohol intake and smoking. Therefore, some studies showed that some head and neck neoplasms should be monitored by screening the respiratory and digestive tracts, especially in men, in order to obtain an early diagnosing of new MPT, either synchronous or metachronous ones [31].

It is obvious that the prognosis of patients with MTP and the survival rate are more reduced in comparison to the patients without MTP, especially in the patients where the second localization of primary tumors is the esophagus or the respiratory tract [24, 27]. Although some studies consider that the patients with a second primary malignity may have a more favorable prognosis than those with recurrences of the primary tumor localized in the head and neck [49], there are studies that show a second primary malignity represents the main cause of death on a long term [50].

✚ Conclusions

Metachronous MPT represented only 1.33% of the head and neck tumors admitted to the ENT Clinic of the Emergency County Hospital of Timișoara, between 2008–2018. Of the 12 patients with metachronous tumors, nine patients had two primary tumors, a patient had three tumors, one four tumors and one five tumors. The second most frequent localization of primary tumors was the skin. In our study, metachronous primary tumors occurred mainly in men aged over 60 years old. The main risk factors in the onset of metachronous neoplasias were smoking and alcohol intake.

Conflict of interests

The authors declare that they have no conflict of interests.

Authors' contribution

Ion Cristian Moț and Ioana Delia Horhat equally contributed to the manuscript.

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